

Breakfast
6:30am - 11:00am
Build Your Own
Egg Sandwich

BREADS:

Bagel, English Muffin

MEATS:

Bacon, Ham, Sausage Patty

CHEESE:

Havarti Dill, Mild Cheddar,
Muenster, Pepper Jack, Pro-
volone, Swiss, American

GARDEN:

Black Olives, Cucumber,
Green Pepper, Jalapeno Pep-
pers, Onion, Sprouts, Toma-
to, Banana Peppers, Lettuce

**Or you can try one
of our breakfast
meals served daily.**

2 Eggs, 2 Bacon or
Sausage Patty, Home Fries
And English Muffin

2 Pancakes, 2 Bacon or
Sausage Patty
(Blueberries Extra)

French Toast, 2 Bacon or
Sausage Patty

Breakfast Borrito (Make it
the way you like!)

We also have an assortment
of Bagels, Cereal Bowls,
Juices, Milk, Coffee, and
Muffins

**ALL SIDE ORDERS
EXTRA**

Adelmann's Deli

**224 Main Street
Bar Harbor**

Phone# 288-0455

FAX# 288-8050

**Store Hours:
6:30 am - 3:00pm**

**We Pack Lunches
For All Outdoor
Activities!**

**NOTHING
FANCY
JUST
GOOD!!!!**

Sandwiches

Follow The **BOLD** Categories
To Build Your Own Sandwich

BREADS:

Marble Rye, Multi-Grain,
Pumpernickel, Sourdough,
White, Wheat

BULKY ROLLS:

Focacia, Wheat, White

WRAPS:

Wheat, Tomato, Garlic and
Herb, Spinach

SUB ROLLS:

Onion, White, Wheat

MEATS:

Bacon, Blazing Chicken, Black
Forest Ham, Bologna, Cappicola
Ham, Chicken Breast, Corned
Beef, Ham, Liverwurst,
Pastrami, Pepper Turkey,
Roast Beef, Salami,
Smoked Chicken Salad,
Smoked Turkey, Tuna Salad,
Turkey Breast

CHEESES:

American, Havarti Dill,
Mild Cheddar, Muenster,
Pepper Jack, Provolone, Swiss

GARDEN:

Black Olives, Cucumber,
Green Pepper, Jalapeno Peppers,
Onion, Sprouts, Tomato,
Banana Peppers, Lettuce

CONDIMENTS:

Horseradish Sauce, Italian Dress-
ing, Mayo, Mustard- -Deli Style,
Honey, or Yellow, Pepper, Oil,
Salt, Vinegar

Choice Of Chips:

Bar-B-Q
Regular
Salt & Vinegar
Sour Cream & Onion

We Also Have:

LOBSTER ROLLS
A Large Green Salad
Cole Slaw
Potato Salad
Deli Pickles

We Use Only The Freshest Of
Ingredients; Including
BOAR'S HEAD® Brand Meats
And Cheese

PEPSI® Products

- Water
- Pepsi
- Diet Pepsi
- Mountain Dew
- Diet Mtn. Dew
- Doc. Pepper
- Diet Doc. Pepper
- Serria Mist
- Slice
- Mug
- Ginger Ale
- **Lipton Teas**
- Sweet Tea
- Diet Tea
- Raspberry Tea
- Green Tea
- **COLD BEER !!!**